

**Mandatory Driver/Escort Protocols****Please Review with your Driver**

**ATTENTION:** If you arrive at ANY of the below locations with no driver/escort, your appointment will be **CANCELLED/RESCHEDULED**. This is **MANDATORY** as you will be receiving anesthesia/sedation. If you request **NO** anesthesia/sedation, you **MAY** drive yourself.

**Tryon Endoscopy Center 16817 Marvin Road, Charlotte, NC 28277 (704) 275-3256**

-One (1) person may come inside with you. If they do not feel comfortable, they may wait in their car ON CAMPUS.

**Drivers are required to stay on campus for the duration of your appointment.**

- We must be able to reach your driver by phone. Please ensure that they are aware.
- We will call your driver **before** the procedure begins to ensure we can reach them.
- The physician may call your driver when the procedure is finished if you request.
- We will call your driver when you are ready to leave.

**Atrium Health Pineville 10628 Park Road Charlotte, NC 28210 (704) 667-1000**

**Or**

**Atrium Health Mercy 2001 Vail Avenue, Charlotte, NC 28207 (704) 304-5000**

- One (1) person may come inside with you. If they do not feel comfortable, they may wait in their car ON CAMPUS.
- Please provide your driver's contact number to be called when you are ready to leave.

**TURN PAGE OVER FOR ADDITIONAL FACILITIES**

**ATTENTION:** If you arrive at ANY of the below locations with no driver/escort, your appointment will be **CANCELLED/RESCHEDULED**. This is **MANDATORY** as you will be receiving anesthesia/sedation. If you request **NO** anesthesia/sedation, you **MAY** drive yourself.

**Atrium Health Main 1000 Blythe Blvd, Charlotte, NC 28203 (704) 355-2088**

- Driver may come inside with you. If they do not feel comfortable, they may wait in their car **ON CAMPUS**.
- Please provide your driver's contact number to be called when you are ready to leave.

Please call your Scheduler with additional questions or to **RESCHEDULE** your appointment. **DO NOT CALL THE FACILITY**. They **CANNOT** reschedule your appointment.

[ ] Andrea	Oscar Brann, MD	(704) 912-4554
[ ] Prunchetta	Kent Holtzmuller, MD	(704) 275-3112
[ ] Stacy	Susan Nikrooz, MD	(704) 323-7765
[ ] Billie	David Scott Smith, MD	(704) 370-9079
[ ] Andrew	GI Scheduler	(704) 275-1989

Sir or Madam:

Welcome and thank you for choosing Tryon Medical Partners Gastroenterology!

Please take a moment to read this introductory letter in addition to the procedural packet that is enclosed. It contains very important information regarding your upcoming procedure.

**Procedure Instruction Packet #1**

- Procedure Appointment and location information
- Procedure instructions
- Prep instructions
- Anesthesia/billing info

**Tryon Endoscopy Center Packet #2**

- Patient responsibilities
- Patient/Visitor information
- Patient Financial Policy
- Patient Rights

**Patient History Form**

- Complete and bring with you. (Only for Tryon Endoscopy Center patients)

Please do not wait until the last minute to open/read your information as this may lead to inadequate preparation for your test. Please take care of work/school coverage PRIOR to your procedure.

This test has been recommended by your PCP as they partner with us in your overall health. Your reservation has been made well in advance for your upcoming procedure. Please make every effort to keep your appointment.

Your driver/escort is required to remain onsite for the duration of your appointment. The expected duration for procedure(s) is 3 hours but may be shorter or longer.

If you cannot secure a driver/escort, please contact:

COMFORCARE (704)543-0630 or VISITING ANGELS (704) 549-4010, Seven (7) days prior to your procedure. (There is a fee for this service.)

Our facilities are equipped with WIFI for those who require it.

You will receive a call from Tryon Medical Partners 48 hours prior to confirming the scheduled procedure(s).

Should your scheduled appointment need to be changed or cancelled please call our office at (704) 489-3410.

**Oscar Brann, MD**  
**Susan Nikrooz, MD**  
**Kent Holtzmuller, MD**  
**David Scott Smith, MD**

Patients Name: \_\_\_\_\_

Referring MD: \_\_\_\_\_

Appointment Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

Scheduler: \_\_\_\_\_

Phone: \_\_\_\_\_

**Please call your scheduler (listed above)**  
**AT LEAST 7 BUSINESS DAYS IN ADVANCE**  
**If you find it necessary to reschedule your procedure.**  
**Please bring your photo ID and insurance cards with you to the facility.**  
**For after hours nurse (5pm-8am) Please call (704) 489-3410**

**Tryon Endoscopy Center [ ]**

16817 Marvin Road, Charlotte, NC 28277  
(704) 275-3256

**Atrium Main/Mercy/Pineville**

1000 Blythe Blvd. Charlotte, NC [ ]  
2001 Vail Avenue Charlotte, NC [ ]  
10628 Park Road Charlotte, NC [ ]

**PLEASE NOTE:**

**3 cancellations or reschedules will result in an office visit prior to scheduling your procedure again.**

**ANESTHESIA/BILLING****ATTENTION**

1. You will automatically be receiving **MONITORED SEDATION** (deep IV sedation) for your GI procedure. It is required by the Anesthesia Provider that someone over 18 years of age accompany you to your appointment, stay with you throughout your procedure(s) and take you home.
2. An alternate sedation such as Fentanyl/Versed is available upon request. This sedation is administered by a nurse assisting the Gastroenterologist. **Please note this sedation will be given on a case-by-case basis.**
3. [ ] Monitored sedation will be administered by a Certified Registered Nurse Anesthetist (CRNA) at **Tryon Endoscopy Center** through **Anesthesia Care Services**. To verify please contact (888) 447-7220. **You may receive a separate bill.**
4. [ ] Propofol will be administered by a Certified Registered Nurse Anesthetist (CRNA) from **Anesthesia Services, LLC** for the following Atrium facilities: **Atrium Main, Atrium Pineville, Atrium Mercy**. Their charges will be processed through your insurance along with those from your physician's office, Carolina Pathology, Carolina's Gastroenterology or Carolinas Digestive Health Associates based on where your procedure is scheduled. To verify that Anesthesia is a covered benefit under your insurance, please contact them directly at (888) 276-1910

**IMPORTANT BILLING INFORMATION**

- Tryon Medical Partners (704) 489-3410 and the surgical center must be notified prior to the procedure of **ANY** changes in your insurance plans, as your insurance may require pre-authorization or a referral from your primary care provider to be a covered benefit.
- Tryon Medical Partners **WILL** obtain Prior Authorization for your procedure if required.
- We ask that you contact your insurance company to verify your benefits under your policy.** This allows you, the patient, to be educated and informed of any out-of-pocket expenses you may incur.
- The CPT codes for a **Colonoscopy** are **45378, 45380 or 45385**. Routine/Screening procedures will change to Diagnostic procedures if biopsies are taken and/or polyps are removed.
- The initial diagnosis code for your Colonoscopy is: \_\_\_\_\_
- The CPT codes for **Upper Endoscopy (EGD)** are **43235, 43239 or 43249**.
- The initial diagnosis code for Upper Endoscopy (EGD) is: \_\_\_\_\_
- Please be aware your financial responsibility may be greater than your regular doctor's office co-pay.
- You may receive a separate bill from GPA Labs if any specimens are collected. To verify your insurance with the lab, please call them at (800) 345-3376.
- If you are having an EGD, there may be a separate bill from CDX Diagnostics for specimen collection: please call (888)363-6239

Procedure: **EGD**      Diagnosis: \_\_\_\_\_

Is Pt. currently taking **BLOOD THINNERS**? **NO** **YES**    GLP meds: **NO** **YES**

### **INSTRUCTIONS FOR EGD:**

1. Eat regular meals the day before. **NO SOLIDS FOODS After MIDNIGHT.**
2. **NOTHING** by mouth the morning of the exam, **EXCEPT** medicines described below with a **SIP** of water. **(Swallow just enough to get medications down).**

**Patients on the following medications: Trulicity, Ozempic, Wegovy, Rybelsus or Mounjaro, Follow instructions below.**

1. Drink **CLEAR LIQUIDS ONLY for 24 hours BEFORE** the EGD. (Water, Coffee or Iced Tea, Fruit Juices, Sports Drinks, Chicken, Beef or Vegetable broth, Jell-O, Popsicles, Sorbet, Italian Ice.  
**NO SOLID FOODS THE DAY BEFORE.**

### **PLEASE READ THE FOLLOWING:**

- Due to the sedation that will be administered for the procedure, you must have someone responsible accompany you, stay with you, and drive you home. **Taxi Cabs, UBER, LYFT, and CATS** are prohibited without an escort. You cannot drive for the remainder of the day or return to work.
- Please avoid scheduling other appointments and/or activities on the day of your procedure as well.
- **Please do not take ibuprofen or Anti-Inflammatory medications 7 days prior to your procedure** (re: Celebrex, Voltaren, Lodine, Advil, Motrin, Indocin, Mobic (meloxicam and Naproxen).
- Please do not take **ORAL Iron** 10 days before the examination; **IV INFUSION IRON IS OK.**
- **Take only Tylenol for pain.**
- Please notify the GI office if you are on **blood thinners** or other blood thinner medications. You may eat and drink up until 12:00 Midnight.
- No alcoholic beverages and nothing by mouth after midnight.
- **Please hold all medications on the day of the procedure unless it is related to Blood Pressure, heart medications, and anxiety medications, which you may still take with a small sip of water at least 3 HOURS PRIOR to ARRIVAL TIME.**